

MAHABODHI SCHOOL

(CBSE - Affiliation No. 830126 / 05)

Mahabodhi Marga, Saraswathipuram

Mysore - 570009 Tel: 0821- 4850643

www.mahabodhischoolmysore.edu.in

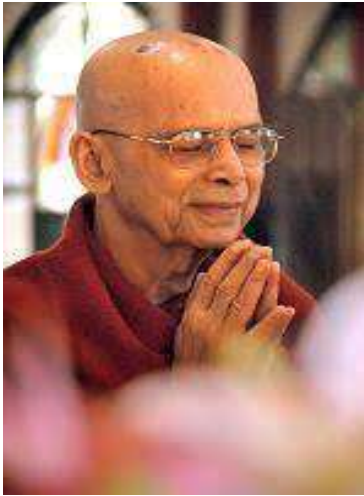
SCHOOL DIARY

2023 - 24

Name: _____

Class: _____

House: _____



Ven. Acharya Buddharakkhita
Founder President
Mahabodhi Society, Bangalore

The Goal of Education

"...Thomas Eliot, British poet said where life is? It is lost in living. Where is wisdom? It is lost in knowledge and where is knowledge? It is lost in information".

Wisdom is lost when knowledge explodes and is exploited. Then knowledge too is lost in the maze of information. And information increases proportionately with the struggle for living. All gets lost in struggle - wisdom in knowledge and knowledge in information.

In the mad rush for gain, in the involvements of the present, humans lose the meaning and purpose of life. Life becomes like a wasteland and man a hollow man. Conditioned by media and the information technology, the pursuit of knowledge becomes a futile. Even in the seats of knowledge amoral academic learning renders knowledge fruitless because there is no dedication to wisdom. Knowledge bears wisdom only when life is based on values.

Values bring a sense of self-respect, and wisdom provides direction, so that one neither dream nor muddles through life with such a purposeful living one remains awake and happy every moment. This must be the goal of education.

PERSONAL INFORMATION

Name of the Pupil:
Class: Roll No.....
Date of Birth:
Father's Name:
Father's Occupation:
Father's Phone Number:
Father's Whatsapp Number:
Father Aadhar Number:
Email:

Mother's Name:
Mother's Occupation:
Mother's Phone Number:
Mother's Whatsapp Number:
Mother Aadhar Number:
Email:

Home Address (In block letters):

.....

Blood Group of the Pupil:

- Brother or Sister or relatives studying in other class:
 - a. Name:
 - b. Class:

Specimen Signatures

Father

Guardian

Mother

[Parents are requested to fill up the above details]

PERSONAL INFORMATION

Name of the Pupil:
Class: Roll No.....
Date of Birth:
Father's Name:
Father's Occupation:
Father's Phone Number:
Father's Whatsapp Number:
Father Aadhar Number:
Email:

Mother's Name:
Mother's Occupation:
Mother's Phone Number:
Mother's Whatsapp Number:
Mother Aadhar Number:
Email:

Home Address (In block letters):

.....

Blood Group of the Pupil:

- Brother or Sister or relatives studying in other class:
 - b. Name:
 - b. Class:

Specimen Signatures

Father

Guardian

Mother

[Parents are requested to fill up the above details]

NATIONAL ANTHEM

*Janagana mana Adhinayaka Jayahe
Bharatha Bhagya Vidhatha Punjaba
Sindhu Gujaratha Maratha
Dravida Utkala Vangha
Vindhya Himachala Yamuna Ganga
Utchala Jaladhi Taranga
Tava Shubha Name Jage
Tava Shubha Ashisa Mage
Gahe Tava Jaya Gatha
Janagana Mangala Dayaka Jayahe
Bharatha Bhagya Vidhatha
Jaye he, Jaya he, Jaya he
Jaya Jaya Jaya Jaya he*

MORNING SCHOOL PRAYER

(In Pàli Language)

Vandanâ

Namô Tassa Bhagavatô Arahâtô
Sammâ-Sambuddhassa (3x)

Homage to Him, the Blessed One,
the Exalted One, the Fully
Enlightened One.

Ti-Sarana

Buddham Saranam Gacchâmi.
Dhammam Saranam Gacchâmi.
Sangham Saranam Gacchâmi.

Dutiyampi Buddham Saranam
Gacchâmi.
Dutiyampi Dhammam Saranam
Gacchâmi.
Dutiyampi Sangham Saranam
Gacchâmi.

Tatiyampi Buddham Saranam
Gacchâmi.
Tatiyampi Dhammam Saranam
Gacchâmi.
Tatiyampi Sangham Saranam
Gacchâmi.

Translation: The Three Refuges

I go to the Buddha as my refuge.
I go to the Dhamma - The
Teachings, as my Refuge.
I go to the Sangha - The Community,
as my Refuge.
For the second time I go to the
Buddha as my Refuge.
For the second time I go to the
Dhamma - The Teachings, as my
Refuge.
For the second time I go to the
Sangha - The Community, as my
Refuge.
For the third time I go to the Buddha
as my Refuge.
For the third time I go to the
Dhamma - The Teachings, as my
Refuge.
For the third time I go to the Sangha
The Community, as my Refuge.

PANCA SILA

Pânâtipâtâ Veramani Sikkhâpadam Samâdiyâmi.

Adinnâdânâ Veramani Sikkhâpadam Samâdiyâmi.

Kâmesu Micchâcârâ Veramani Sikkhâpadam Samâdiyâmi.

Musâvâdâ Veramani Sikkhâpadam Samâdiyâmi.

Surâ Mêraya Majja Pamâdatthânâ Verami Sikkhâpadam
Samâdiyâmi

Translation

The five precepts

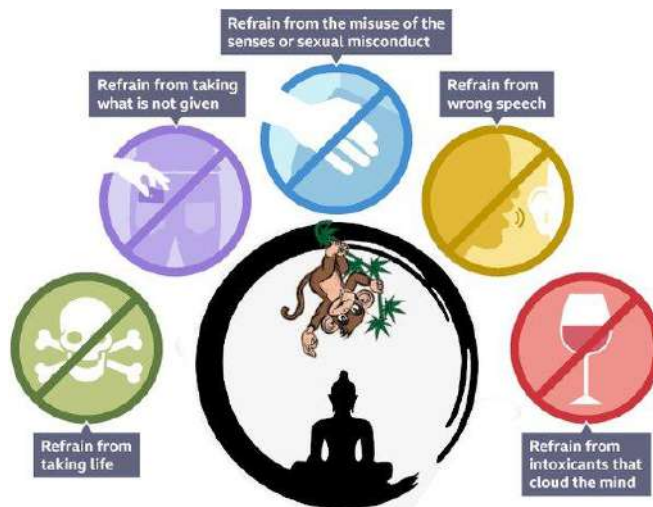
I undertake to observe the precept to abstain from destroying living beings.

I undertake to observe the precept to abstain from taking things not given.

I undertake to observe the precept to abstain from sexual misconduct.

I undertake to observe the precept to abstain from false speech.

I undertake to observe the precept to abstain from liquor causing intoxication and heedlessness.



STUDENT'S MEDICAL RECORD

To be filled by parents / guardian

1. Age Date Month Year
 2. Diseases / illness suffered since birth (If any) mention below:
.....
 3. Has the child ever been operated upon? Please provide details
 4. Allergies (if any)
 5. Immunisation record
- | | Immunisation date | |
|---------------------------|-------------------|----------|
| |/...../..... | |
| Polio | Yes..... No | |
| DPT | Yes | No |
| DT | Yes | No |
| Measles | Yes | No |
| MMR | Yes | No |
| Tetanus | Yes | No |
| Typhoid and Cholera | Yes | No |
| Hepatitis – A | Yes | No |
| Hepatitis – B | Yes | No |
| Chicken Pox | Yes | No |

Please specify any other ailment for which the child is on regular medication or needs special care (i.e. Asthma, bronchitis, etc.)

.....

.....

.....

Specimen Signatures and date

Father Mother Guardian

...../...../..... /...../..... /...../.....

EVENING LOVING KINDNESS MEDITATION

Aham avero homi

May I be free from enmity and danger

abyapajjho homi

May I be free from mental suffering

anigha homi

May I be free from physical suffering

sukhi - attanam pariharami

May I take care of myself happily

Mama matapitu

May my parents

acariya ca natimitta ca

teacher relatives and friends

sabrahma - carino ca

fellow Dhamma farers

avera hontu

be free from enmity and danger

abyapajjha hontu

be free from mental suffering

anigha hontu

be free from physical suffering

sukhi - attanam pariharantu

may they take care of themselves happily

Imasmim arame sabbe yogino

May all meditators in this compound

avera hontu

be free from enmity and danger

abyapajjha hontu

be free from mental suffering

anigha hontu

be free from physical suffering

sukhi - attanam pariharantu

May they take care of themselves happily

Imasmim arame sabbe bhikkhu

May all monks in this compound

samanera ca

novice monks

upasaka - upasikaya ca

laymen and laywomen disciples

avera hontu

be free from enmity and danger

abyapajjha hontu

be free from mental suffering

anigha hontu

be free from physical suffering

sukhi - attanam pariharantu

May they take care of themselves happily

Amhakam catupaccaya - dayaka

May our donors of the four supports: clothing, food, medicine and lodging

avera hontu

be free from enmity and danger

abyapajjha hontu

be free from mental suffering

anigha hontu

be free from physical suffering

sukhi - attanam pariharantu

May they take care of themselves happily

Amhakam arakkha devata

May our guardian devas

Isasmim vihare

in this monastery

Isasmim avase

in this dwelling

Isasmim arame

in this compound

arakkha devata

May the guardian devas

avera hontu

be free from enmity and danger

abyapajjha hontu

be free from mental suffering

anigha hontu

be free from physical suffering

sukhi - attanam pariharantu

may they take care of themselves happily

Sabbe satta

May all beings

sabbe pana

all breathing things

sabbe bhutta

all creatures

sabbe puggala

all individuals (all beings)

sabbe attabhava -

pariyapanna

all personalities (all beings with mind and body)

sabbe itthoyo

may all females

sabbe purisa

all males

sabbe ariya

all noble ones (saints)

sabbe anariya

all worldlings (those yet to attain sainthood)

anigha hontu

be free from physical suffering

sukhi - attanam pariharantu

may they take care of themselves happily

IMPORTANT EMAIL ADDRESSES FOR COMMUNICATION

Education co-ordinator & Consultant	Mr. V. Venkateshwarlu Contact no: 9701103061
In-charge Principal	Mr. Dwarakeesh P R Email: dwarakeesh.pr@gmail.com Contact no: 0821-4257780/9945396443
C E O	Mr. Jikmet Wangdus Jyothi Email: wangdusbodh@yahoo.com contact no: 9611928129
Front Office Executive & Admission	Ms. Malini M J Email: mbsm.mahabodhi@gmail.com Contact No: 0821-4850643/ 9742240700
House Father	Mr. Raghavendra Prasad K Contact no: 8183949877
Transportation	Mr. Praveen Kumar Contact no: 9686256411
School Bus Driver	Mr. Chandra Kumar Contact no: 9164918027
School Van Driver	Mr. Ramakrishna Contact no: 9980610549
Security Officer	Contact no: 0821-4850643/9742240700
Accountant Officer	Mr. Basavaraju Contact no: 8747835332
Sport & Games	Mr. Lutan Tashi Attho Contact no: 9731605924
Karate Instructor	Mr. Akarsh Urs Contact no: 8105737569

Code and Conduct for School Students

Discipline is an integral part of school culture. The School encourages self – discipline that arises from within and remains throughout life. Some code and conduct for school students are:

- 1. Punctuality and discipline are the two most essential traits required to be a successful student and professional in life, we should teach our students to be punctual and therefore pupils should be in school by 9:00 am and by 9:20 am Gate will be closed from Monday to Friday and on Saturday by 8: 20 am the Gate will be closed. It is the parents responsible to take back the children if they are late and school will not take any responsibility.**
- 2. All students have to be in complete uniform (with Tie, ID card, belt and proper grooming). In case any students fail to obey the rules, students will be sent back to home.**
We kindly request every parent to co-operate us and understand the importance of discipline.
- 3.** All students are expected to be regular and punctual in their attendance at school, including games and sports.
- 4.** No student is given permission to leave the class room during the school hours without the permission of the class teacher/ Principal.
- 5.** No student is expected to indulge in any act of misbehaviour or disrespect to teachers both in and out of the school.
- 6.** Students are to be very regular to school. Attendance on the opening and closing days of each term is very essential. Students, who do not have the minimum required attendance, will not be promoted to the next class.
- 7.** Students should remain within the school campus during school hours and not venture out on any pretext. Adequate snacks and stationery should be brought.
- 8.** Students should not have parties in their classrooms or in the school premises.
- 9.** Students should be neatly dressed and enter the campus only in proper school uniform at all times unless instructed otherwise. Student ID card should be worn at all times while in school.
- 10.** Students must keep their class and surroundings clean and not litter.
- 11.** All tests and evaluations are compulsory and exemption from evaluations will not be considered unless on medical grounds supported with proper evidence.
- 12.** Discipline and good behaviour should be maintained inside the school van and bus.
- 13.** Bullying is strictly not allowed and action will be taken if any case of bullying is observed.
- 14.** Care must be taken of all school property and if any damage is done, it

will be made good by the concerned student together with a fine imposed for the offence.

15. Those who absent themselves for long period of time without any reason whatsoever will have their names struck off the rolls. Such students may be considered for re-admission provided they fulfil the formalities for new admission.

16. Mobile phones, cameras, radios or any other gadgets are strictly

prohibited inside the school premises. CD/pen drive may be bought only if they have been asked by any teacher. And long leave for weddings of family members, family functions etc., during the school term will not be granted.

17. Our students are expected to speak only in English right from the moment they enter the school premises and also inside school van and car.

18. A minimum of 80% attendance for each term is compulsory.

Parent's Signature and Date

...../...../.....

Guardian's Signature and Date

...../...../.....



GUIDELINE FOR DUTIFUL PARENTS

1. Parents are expected to attend the Parent-Teacher Meetings during the year without fail, to know about the progress of their children. The Report of the student must be signed by the parent in the presence of the Class Teacher.
2. As far as possible, parents should avoid taking their children home for half a day or during class hours. If a student is to be permitted to go home for half-a-day, a letter of explanation from the parent is strictly required, without which the student will not be allowed to leave the school premises. In such cases only parents should come and take the child home.
3. The Absence Record should be signed by the parent whenever a student does not attend classes, without which the child should not be sent to school. For long absence on medical grounds, Medical Certificate has to be submitted.
4. Parents are also requested to encourage their children to participate in the curricular and co-curricular activities, celebrations, etc. organised in the school during the year.
5. Without the co-operation from home, the school cannot achieve the all-round development of the child. Therefore parents are requested to enforce regularity and discipline by sending their children neatly dressed to school and see that their text books, notebooks, etc., are kept clean.
6. If parents are found interfering directly or indirectly with the administration of the school, it reserves the right to remove the names of their children from the rolls of the school.
7. Parents desirous of meeting the teachers can do so after school hours i.e., 4.05 p.m. to 4.30 p.m. Monday to Friday.
8. Pupils must line up for General Assembly at **9.20** a.m.
9. **Late comers** will be marked absent for that particular day.
10. Vandalizing school property, throwing stones, sand or anything solid, including in colours, bursting crackers and bringing Walkman, Tape Recorders, Videogames, Cell Phones etc., to school is strictly prohibited. Students who fail to adhere to this rule will be issued Transfer Certificate immediately.
11. Pupils are not permitted to wear expensive watches or carry valuable articles. The school will not be responsible for the loss of personal property brought to the

school by pupils. Students are strictly forbidden from wearing jewellery/gold ornaments.

12. Students who pass in all subjects will only be considered for promotion. Attendance in tests and examinations are compulsory.

13. Pupils are to adhere strictly to the rules and regulations of the school, failing which they are liable for suspension or expulsion.

14. No library book will be issued unless the students produce their identity card.

15. Every pupil should bring the school Hand Book daily to the school.

16. Every student must follow:

- a. The School uniform must be washed, ironed and must wear clean navy blue socks and black shoes on week days and track suit on Wednesday and Saturday.
- b. Girls with long hair should wear it in two plaits doubled and tied up with blue ribbons. Girls with short hair should wear it in two ponytails or two plaits or use a blue hair band. Hair should not fall on the forehead.
- c. Nails should be trimmed regularly and nail polish should not be used.
- d. No jewellery is allowed.
- e. No Mehendi decoration is allowed as it is a source of distraction and encouragement for others to do the same.
- f. Simple coloured clothes may wear on birthdays. Jewellers, perfumes, make up and expensive clothes on birthdays one not encouraged/ not allowed.
- g. **Remit** all school **fees** on or before **15th May**.

17. Concerning the school fees, if payment of fees is not made on time, a notice will be sent from the school, further if the payment is not done after the notice then the name of the parents will be forwarded to B.E.O and D.D.P.I Directed by the D.C.

Parent's Signature and Date

...../...../.....

Guardian's Signature and Date

...../...../.....

GENERAL RULES OF THE SCHOOL

The school hours are as follows:

Monday to Friday: 9:20 a.m. to 4:05 p.m.

Students must arrive 10 minutes before the school time. Those who arrive after the bell will not be allowed to attend classes.

SCHOOL FEES

Fees will be accepted in the school office from 10.00 am to 4: 00 pm on all working days [Monday to Friday] and on Saturday between 9: 00 am to 12: 30 pm. Fees can be paid through OR Scanner also.

The name of pupil would be deleted from the roll if he/she does not pay the fees as per the above schedule and such names will be re-entered in attendance register only on receipt of full arrears of fee together with the re-admission fee Rs. 100.00 per day from the due date.

DRESS

Students should wear clean and tidy dress and socks every day. They should not wear very tight clothes which restrict their movements. Students are allowed to wear simple watches but not expensive watches, ornaments like chains or finger-rings or dangling earrings are strictly forbidden. ID card has to wear at all times in the school. Hair should be oiled and combed neatly. Girls should tie up their hair with black or blue ribbon and not used fancy clips.

ASSEMBLY

Assembly is an important activity of the school. All students have to attend and participate in it. They should maintain discipline throughout the assembly proceedings. Those who show disrespect or refuse to participate in the assembly will have to leave the school. Removed the names from the school roll.

ATTENDANCE

Parents are requested to see that his/her child attend school every day. Whenever a student remains absent, parents have to write and send a leave note in the school diary. If he/she has to remain absent from school due to some extraordinary circumstance, the parents should meet the Principle and inform immediately. A student must have at least 80% attendance for promotion to next class.

No leave will be granted on telephone. Half – a day attendance is not allowed. Parents should not call their children home before the end of the school hours.

Parent's Signature and Date

Guardian's Signature and Date

...../...../.....

...../...../.....

THE GOAL OF MAHABODHI SCHOOL

Venerable Acharya Buddharakkhita, founder president of Mahabodhi Organisations, started Mahabodhi Educational Institutions with a goal of giving the best of modern education along with character building moral teachings. Mahabodhi School is managed and run since 1975 by Mahabodhi Maitri Mandala, Bangalore, a charitable Society. Mahabodhi School is situated in serene area of Saraswathipuram, Mysore. The School provides HOLISTIC EDUCATION in an atmosphere of love and care allowing the children to grow naturally and happily developing intelligence, compassion and wisdom at every stage.

HOLISTIC EDUCATION is to bring about total personal evolution, physical fitness, emotional balance and strength, social responsibility, cultural richness, spiritual growth of a child. This is achieved through:

1. Building of Character based on moral and spiritual principles constituting the foundations of happiness and peace.
2. Academic studies, which fulfils one's intellectual thirst and also help a person to find one's profession in the life to help oneself and others.
3. Caring inner environment and outer environment which includes relationship with people and nature around oneself.

MEDITATION AND MORAL VALUES

Mahabodhi School gives very high importance to moral values. For this the following five basic principles called 'Pancha Sheela' are taught:

1. Not to kill or harm any living being but save and love all living beings.
2. Not to take what is not given but to share and give what one can.
3. Not to look others with perverted view but consider everybody as brothers and sisters.
4. Not to tell lies and harsh words but to tell truth and useful words.
5. Not to spoil the mind by intoxicants but to brighten it with meditation.

The School starts and ends with 10-minute meditation. Every week there is also a group meditation where all the staff and children meditate together. Meditation teachers from India and abroad are invited to conduct meditation camps. This way the school offers facilities for personal, physical, emotional, social, cultural and spiritual growth in a balanced way, which is the motto of the school: HOLISTIC EDUCATION FOR HAPPINESS AND EXCELLENCE.

PHILOSOPHY OF THE SCHOOL

Philosophy of the School is based on the Noble Eightfold path taught by the Buddha to make life meaningful. This path is a comprehensive one which includes Sila Visuddhi (moral practice), Citta Visuddhi (mental training) and Prajna Visuddhi (wisdom development).

1. RIGHT SPEECH

Avoiding false speech = Truthful speech

Avoiding back biting = Speech leading to Harmony
Avoiding harsh speech, shouting, scolding = Pleasant speech
Avoiding gossip = Useful speech or silence

Purpose: Effective communication in keeping with higher laws. To remove fear and develop fearlessness, to enjoy this precious gift of communication and live a harmonious life with all.

2. RIGHT ACTION

Not harming any living beings = saving, love, compassion

Not taking what does not belong to us = giving, sharing

Not to commit adultery = respect family values, trusting
Not to consume intoxicants = meditate, create clarity

Purpose: To live a blameless life, to bring happiness within and for others, to quality as humans, to enjoy the life of blamelessness.

3. RIGHT LIVELIHOOD

Not to engage in anything that brings harm to other living beings.

Purpose: To live a life of benefit for all. To know what is exactly right thing to do at present moment, to set oneself a right example, to avoid politics and keep oneself cheerful, to enjoy one's calling.

4. RIGHT EFFORT

Effort to stop unwholesome if not yet arisen
Effort to remove unwholesome if already arisen
Effort to develop wholesome if not yet arisen
Effort to preserve wholesome if already arisen

Purpose: To flower our inner potentials - faith, effort, alertness, to create interest, to create sense of achievement, to enjoy the strength of mind and what it can do and to achieve the highest.

5. RIGHT AWARENESS

Awareness of our body and actions
Awareness of our emotions
Awareness of our mind
Awareness of our realities

Purpose: To be aware of what we are doing at gross body level, at emotional level, at thought level and at the level of realities of life, to create variety, to be genial, to enjoy being here and now.

6. RIGHT CONCENTRATION

Overcoming obstacles of the mind
Distraction due to sensual objects
Distraction due to hateful feelings
Distraction due to laziness or sleepiness
Distraction due to non-concentration
Distraction due to guilt feeling
Distraction due to non-clarity = doubts
Maintaining Calmness
In pleasant moments
In unpleasant moments = patience
In neutral moments
Technique of developing concentration = meditation

Purpose: To develop concentration, to overcome distractions, to develop strength of the mind, to enjoy the bliss of calmness.

7. RIGHT UNDERSTANDING

Understanding of what is right and what is wrong.
Understanding every action has result - good bears happiness and bad bears suffering.
Understanding there is cause for everything and everything is changing.
Understanding that everything survives on FOOD - material and mental - what to feed to the mind and to the body.
Understanding that one is responsible for one's happiness and suffering.
Understanding of Realities of Life.

Purpose: Develop spirit of enquiry, experiential knowledge, creating ways of experiencing things, aiming at excellence, scientific temper, to enjoy the ability to let go of things in life.

8. RIGHT THOUGHT

Thoughts of giving, sharing, honouring, respecting, egolessness = opposite of narrow mindedness.

Thoughts of loving kindness, tenderness = opposite of hatred, anger, envy, dislike, disinterest, etc.

Thoughts of compassion trust = opposite of cruelty, unconcern of fellow beings, harming, disregard and disrespect to others growth.

Purpose: To maintain peace within, to overcome arrogance, to create trust, to make good foundation for speech and actions, expressions, to enjoy every moment of thinking.

SCHOOL UNIFORM

1. Each pupil should be equipped with a minimum of two sets of uniform.
2. All uniforms must conform to the prescribed pattern and colour shade specified by the school.
3. Students are permitted to wear only one inch wide light brown belt provided by the school.
4. Students of all class must be very neatly dressed and sport a short hair style.



WEEK DAYS

Nursery Section

Girls	Boys
Grey Colour Skirt	Grey Colour Pant
Pink Colour Shirt	Grey Colour Waist Coat
Grey Colour Waist Coat	Pink Colour Shirt
Black Shoes & Black Socks	Black Shoes & Black Socks
I Std to V Std	
Girls	Boys
Grey Colour Skirt	Grey Colour Pant
Grey Colour Waist Coat	Grey Colour Waist Coat
Pink Colour Shirt	Pink Colour Shirt
Black Shoes & Black Socks	Black Shoes & Black Socks
VI Std & VII Std	VIII Std to X Std
Girls & Boys	Girls & Boys
Grey Colour Pant	Grey Colour Pant
Grey Colour Waist Coat	Grey Colour Blazer
Pink Colour Shirt	Pink Colour Shirt
Black Shoes & Black Socks	Black Shoes & Black Socks

DRESS CODE FOR WEEK DAYS

DAYS	UNIFORMS
Monday	Regular /Colour Uniform
Tuesday	Regular /Colour Uniform
Wednesday	Track Suit
Thursday	Regular /Colour Uniform
Friday	Regular /Colour Uniform
Saturday	Track Suit

SCHOOL TIMINGS

Monday - Friday
9: 20 AM to 4: 05 PM
Saturday
8: 20 AM to 12: 40 PM

CURRICULUM

Academic - Courses

Part-I	: Languages
	English
	Kannada
	Hindi
Part-II	: Core Subjects
	General Mathematics
	General Science
	Social Science
Part-III	: Computer Science
Part-IV	: Co-Curricular Activities
Part-V	: Meditation and Moral
Education	
	: Karate and Dance

CO-CURRICULAR ACTIVITIES

A - Cultural Activities	D - Sports Activities
B - Fine Arts	E - S.U.P.W.
C - Literary Activities	

SCHOOL VACATIONS

First Term break	21 st October to 29 th October 2023
Summer Vacations	31 st march to 26 th May 2024
School reopens	27 th May 2024

SCHOOL TERMS

I Term	1 st June to 20 th October 2023
II Term	30 th October to 30 th March 2024

FUNCTIONS AND CELEBRATIONS FOR THE YEAR 2023-24

The school celebrates important festivals to inculcate love and respect for our Culture in children and also to make them understand their significance. The dates of the celebrations are as follows:

JUNE	17-06-2023	Investiture Ceremony
AUGUST	15-08-2023	Independence Day
SEPTEMBER	05-09-2023	Teacher's Day
NOVEMBER	01-11-2023	Kannada Rajyotsava
NOVEMBER	14-11-2023	Children's Day
NOVEMBER	17-11-2023	Exhibition
DECEMBER	16-12-2023	School Day
JANUARY	26-01-2024	Republic Day
FEBRUARY	17-02-2024	Valediction for Std. X
MARCH	25-03-2024	Founder Day/Dhammapada Festival
MAY	23-05-2024	Buddha Jayanthi

IMPORTANCE OF HOME WORK

Home Work is an integral part of learning. It is a link between lessons and forms a vital part of any scheme of work. Doing the Home Work regularly enables the child and the teacher to assess the extent of understanding of each chapter. Always make a note of what home work has been set, the dates set and the date of completion. This information is recorded in the dairies provided. Home Work is an extension of the classroom work. The difference is that the student is working alone at home and the standards are within the ability of the student. Timely completion of work makes learning a pleasure and homework no longer becomes a burden.

Children who are absent will be given the home work the next day. Both the assignments are to be completed and submitted the very next day.

HOME ASSIGNMENT FOR CLASS VI TO X

Home assignment for class VI to X in the subject other than maths will be in the form of assignment. Pupils are provided assistance in the form of modules and they are also encouraged to learn from the text books. The pupils are tested in the respective subjects in the very next class. These marks are recorded and taken under home assignments for reporting.

PROMOTIONS RULES

1. Promotion to next higher class is decided on the performance of assessments, tests, examinations and participation in the school activities.
2. 80% attendance is compulsory.
3. Minimum marks in academic subjects will be 35% for a promotion.
4. If a student wants to improve the performance, additional and supplementary tests and examinations will be given.

Principal decides such matters.

HOUSES

For developing skills in organising, cooperation, team work and for increasing creative spirit the school has four houses, students of which will conduct several activities and participate in competitions.

The Houses are:

METTA House	-	House of Loving Kindness
KARUNA House	-	House of Compassion
MUDITA House	-	House of Sympathetic Joy
UPEKKHA House	-	House of Equanimity

ATTENDANCE

1. Unauthorised absence is allowed only when the child is ill or there is any acute problem. On no other occasion it is allowed.
2. Only 5 school days allowed to avail as leave.
3. If pupil absent one week from school it is difficult for them to catch up their work in an effective way. It will be difficult for them to cope with the lessons.
4. Please apply for leave in advance in the given format.
5. Why is regular attendance important?
 - a) To cope with the school work.
 - b) Pupils feel more confident.
 - c) Work will be more satisfactory.
 - d) Better results.

REWARD FOR GOOD ATTENDANCE

1. Certificate and Prize for full attendance
2. Certificate for 100% attendance per term.
3. Appreciation letter.
4. Certificate for cleanliness
5. Certificate for Punctuality

Regular attendance of your ward will ensure success both educationally and socially. In case children miss valuable learning time it would be difficult for your child to understand the portion covered in the class room. Regular attendance and punctuality are important if your child is to gain the benefit of education and develop positive habits for work. We hope that with your co-operation, involvement and support, we will be able to contribute for your wards total development. We thank you in anticipation of your co-operation.

LEAVE LETTER

To

The Class Teacher,

Class:

Mahabodhi School, Mysore.

Date:

Dear teacher,

My child.....

Will not / did not attend the school from..... to

..... On account of.....

..... Please grant him/her leave.

Parent's signature

Name and Address

Granted / accepted leave

Class Teacher/Principal's signature.....

EDUCATION FIELD TRIP

Field Trips are necessary for the all-round development of a student. It contributes to his vision and insight. With this view the school has planned to organise the following trips, the details of which are given below:

Standard	Place of Visit	Date of Departure	Date of Arrival	Amount
LKG – II Std				
III STD – VI Std				
VII STD – X Std				

In case of any delay in arrival the parent will be informed sufficiently in advance to avoid unnecessary waiting in anxiety. Any additional information regarding the trip will be sent through circular one week prior to the day of journey. We would be happy to have every student join the trip arranged for his / her class as it shall be a wonderful opportunity to gain a particular experience of life which a class room cannot give. Kindly write the following letter and hand over to the class teacher.

CONSENT LETTER FOR SCHOOL TRIP

To

The Class Teacher
Mahabodhi School
Mysore
Contact No.:

Date:

From

Dear Sir / Madam

I Father / Mother of Studying in Standard..... Is willing to send my child for the proposed trip to Onand enclose a sum of Rs..... For the same.

I hereby declare that I shall not hold the school management responsible for any untoward incident that may take place during the trip.

Signature

PARENT ALERT

Valuables:

The school cannot be held responsible for the loss of books, equipments, ornaments etc. Each child is expected to take care of his/her belongings. Enquiries in this regard will not be entertained over the telephone to the principal.

Lunch:

Lunch is the major meal of the growing children and they need good nourishment to keep healthy and active. The parents are requested to pack the lunch for children keeping this in mind. Fried and junk food harm the health and therefore may be kindly avoided.

Leave details:

Parents are requested to inform the teachers in advance about the leave to be availed by the child by writing in the space provided in the diary. A medical certificate is to be provided whenever the child is on sick leave for more than three days.

Effective use of school diary:

The School Diary is meant for effective communication between the teachers and the parents. The parents are requested to give in writing any communication addressed to the class/subject teachers and also see that the communication is acknowledged and replied wherever necessary.

Code of Conduct for Children:

1. To practice punctuality.
2. To report any injury, sickness immediately to the teacher on duty or the Principal.
3. Not to carry money or other expensive articles to the School.
4. Not to be absent from any school activity without prior permission.
5. Not to leave the school premises without prior permission.
6. Not to indulge in inappropriate social behaviour.

Parents – Teachers Meeting

Dear Parent:

The parents –teachers meeting will be conducted on **SECOND SATURDAY** of every month. The following indications will be the Agenda for the Parents – teachers meeting.

1. Standard attained and progress made by the student.
2. Help and guidance given to the student.
3. Behaviour and attendance levels.
4. Parents involvements in the progress of the students.

No Bag Day: Students need not to bring School bag & books. It is a skill development Day. Co-curricular Activities or Competitions will be conducted.



MAHABODHI SCHOOL, MYSURU

SCHOOL CALENDAR

MAY 2023		Total No. of working days: 0
DATE	DAY	Activities
1.	MON	May Day - Holiday
2.	TUE	
3.	WED	
4.	THU	
5.	FRI	BUDDHA JAYANTHI
6.	SAT	
7.	SUN	Holiday
8.	MON	Mother's Day
9.	TUE	
10.	WED	
11.	THU	
12.	FRI	International Nurse's Day
13.	SAT	
14.	SUN	Holiday
15.	MON	Reporting of Teaching Staff, Mahabodhi Mysuru Staff proceeds to Meditation & Orientation program at Dhammaduta Vihara, Bengaluru from 15/05/2023 to 17/05/2023
16.	TUE	
17.	WED	
18.	THU	
19.	FRI	
20.	SAT	
21.	SUN	Holiday
22.	MON	
23.	TUE	
24.	WED	
25.	THU	
26.	FRI	
27.	SAT	
28.	SUN	Holiday
29.	MON	
30.	TUE	
31.	WED	Faculty Enrichment Program on NEP 2020 by Prof. Shankar Bellur

JUNE 2023		Total No. of working days: 25
DATE	DAY	Activities
1.	THU	School Re-opens
2.	FRI	
3.	SAT	
4.	SUN	Holiday
5.	MON	Smile Week/ World Environment day/ KG Sections – Green Day Celebration
6.	TUE	
7.	WED	
8.	THU	
9.	FRI	
10.	SAT	Student Council Election
11.	SUN	Holiday
12.	MON	
13.	TUE	
14.	WED	
15.	THU	
16.	FRI	
17.	SAT	Co-Curricular Activities/ Competition/ Investiture Ceremony
18.	SUN	Holiday
19.	MON	
20.	TUE	
21.	WED	International Yoga Day
22.	THU	
23.	FRI	
24.	SAT	Parent - Teachers Meeting – KG Sections
25.	SUN	Holiday
26.	MON	Sharing Week
27.	TUE	
28.	WED	
29.	THU	Bakrid – Holiday (<i>Happy Bakrid</i>)
30.	FRI	

JULY 2023		TOTAL NO. OF WORKING DAYS: 25
DATE	DAY	ACTIVITIES
1.	SAT	National Doctor's Day
2.	SUN	HOLIDAY
3.	MON	Full Moon Day – Dhammacakkapavattana Day
4.	TUE	
5.	WED	
6.	THU	
7.	FRI	CT1 Starts, Mathematics and Science
8.	SAT	Kannada/Hindi And English
9.	SUN	HOLIDAY
10.	MON	Social Science and III Lang. K/H
11.	TUE	
12.	WED	K. G Sections- Red Day Celebration
13.	THU	
14.	FRI	
15.	SAT	No Bag Day- CCA/Competition/Skill Development Activities
16.	SUN	HOLIDAY
17.	MON	K. G Sections – CT1 Starts
18.	TUE	
19.	WED	
20.	THU	
21.	FRI	
22.	SAT	Pie Day – Parent- Teachers Meeting (1 To 10)
23.	SUN	HOLIDAY
24.	MON	
25.	TUE	
26.	WED	
27.	THU	
28.	FRI	
29.	SAT	Moharrum - HOLIDAY
30.	SUN	- HOLIDAY
31.	MON	

AUGUST 2023		TOTAL NO. OF WORKING DAYS: 25
DATE	DAY	Activities
1.	TUE	
2.	WED	International Friendship Day
3.	THU	
4.	FRI	
5.	SAT	Parent- Teachers Meeting – K. G Sections
6.	SUN	HOLIDAY
7.	MON	
8.	TUE	
9.	WED	CT- 2 Starts Mathematics & Science
10.	THU	Kannada/Hindi & English
11.	FRI	Social Science & III Lang. K/H
12.	SAT	National Library Day/ Parent Awareness Program
13.	SUN	HOLIDAY
14.	MON	
15.	TUE	76 th Independence Day
16.	WED	
17.	THU	
18.	FRI	
19.	SAT	No Bag Day/ CCA/ Quiz on account of Smarananjali of Bada Bhanteji
20.	SUN	HOLIDAY
21.	MON	
22.	TUE	Rhymes Recitation Competition – K. G Sections
23.	WED	
24.	THU	
25.	FRI	Happy Varamahalakshmi Vratha - Holiday
26.	SAT	Sothi- Ajith Memorial Karate Competition
27.	SUN	HOLIDAY
28.	MON	
29.	TUE	National Sports Day
30.	WED	Raksha- Bandhan Celebration- K. G Sections
31.	THU	

SEPTEMBER 2023		TOTAL NO. OF WORKING DAYS: 24
DATE	DAY	Activities
1.	FRI	
2.	SAT	Debate Competition (VIII to X) on account of Ven. Ananda Bhanteji's Birthday
3.	SUN	HOLIDAY
4.	MON	
5.	TUE	Teacher's Day/ Sri Krishnastami Celebration- Dress code & competition – K. G Sections
6.	WED	
7.	THU	
8.	FRI	
9.	SAT	K. G. Sections - Aided Day (Skit Present)
10.	SUN	HOLIDAY
11.	MON	
12.	TUE	
13.	WED	Blue Day – K. G Sections
14.	THU	
15.	FRI	
16.	SAT	Parent – Teachers Meeting: (I to VIII)/ K. G Sections Local Trip/ Industrial visit for IX & X.
17.	SUN	HOLIDAY
18.	MON	Happy Swarna Gowri Vratha & Ganesha Chathurthi
19.	TUE	
20.	WED	
21.	THU	
22.	FRI	
23.	SAT	Smarananjali Day/ Intra Class Education- Excellence Competition - I
24.	SUN	HOLIDAY
25.	MON	57 th Birthday of Ven. Ananda Bhanteji.
26.	TUE	
27.	WED	
28.	THU	Id- Milaad – HOLIDAY (<i>Happy Id</i>)
29.	FRI	
30.	SAT	

OCTOBER 2023		TOTAL NO. OF WORKING DAYS: 17
DATE	DAY	Activities
1.	SUN	Holiday
2.	MON	Happy Gandhi Jayanthi - Holiday
3.	TUE	
4.	WED	
5.	THU	
6.	FRI	1 st Term Examination (Tentative)
7.	SAT	
8.	SUN	Holiday
9.	MON	
10.	TUE	
11.	WED	
12.	THU	Holiday
13.	FRI	
14.	SAT	Mahalaye Amavasye - Holiday
15.	SUN	Holiday
16.	MON	
17.	TUE	
18.	WED	
19.	THU	
20.	FRI	
21.	SAT	Dasara Vacation Starts (Tentative)
22.	SUN	Holiday
23.	MON	Happy Ayudha Pooja
24.	TUE	Happy Vijaya Dashami
25.	WED	
26.	THU	
27.	FRI	
28.	SAT	Happy Maharshi Valmiki Jayanthi
29.	SUN	Holiday
30.	MON	School Reopens after Dasara Vacation
31.	TUE	Yellow Day (K.G Sections)

November 2023		Total No. of working days: 25
DATE	DAY	Activities
1.	WED	Happy Kannada Rajyotsava Celebration
2.	THU	
3.	FRI	
4.	SAT	CT 3 For Class X Social science
5.	SUN	Holiday
6.	MON	Mathematics
7.	TUE	Science
8.	WED	English
9.	THU	Kannada/Hindi
10.	FRI	
11.	SAT	
12.	SUN	Holiday – Happy Naraka Chathurdashi
13.	MON	
14.	TUE	Balipadyami - Holiday (<i>Happy Children's Day</i>)
15.	WED	
16.	THU	
17.	FRI	Science Exhibition: Display & Demonstration of Charts and experiments.
18.	SAT	
19.	SUN	Holiday
20.	MON	I Preparatory Exam For X : Science (<i>All the Best</i>)
21.	TUE	
22.	WED	Mathematics
23.	THU	
24.	FRI	English
25.	SAT	
26.	SUN	Holiday
27.	MON	Social science
28.	TUE	Annual Sports For Nursery
29.	WED	Kannada/Hindi Annual Sports For I to IV
30.	THU	Happy Kanakadasa Jayanthi/Annual Sports For V to X

DECEMBER 2023		Total No. of working days: 25
DATE	DAY	Activities
1.	FRI	Career Counselling programme For 8, 9 & 10
2.	SAT	Parent – Sports Meet
3.	SUN	Holiday
4.	MON	
5.	TUE	
6.	WED	
7.	THU	
8.	FRI	
9.	SAT	Industrial Visit For Class IX & X
10.	SUN	Holiday
11.	MON	
12.	TUE	
13.	WED	
14.	THU	
15.	FRI	
16.	SAT	51 st Annual School Day Celebration
17.	SUN	Holiday
18.	MON	
19.	TUE	
20.	WED	
21.	THU	
22.	FRI	Holiday – National Mathematics Day (Srinivasa Ramanujan’s Birthday)
23.	SAT	
24.	SUN	Holiday
25.	MON	Christmas – Holiday (Mary X-mas)
26.	TUE	
27.	WED	
28.	THU	
29.	FRI	
30.	SAT	
31.	SUN	Holiday

JANUARY 2024		TOTAL NO. OF WORKING DAYS: 25
DATE	DAY	Activities
1.	MON	New Year Day – Holiday (<i>Happy New Year 2024</i>)
2.	TUE	
3.	WED	II Preparatory Examination For X *Social Science (<i>Good Luck</i>)
4.	THU	
5.	FRI	Science
6.	SAT	CT 3 For I & IX Social Science & Science
7.	SUN	Holiday
8.	MON	Mathematics Mathematics & English
9.	TUE	II Lang K/H & III Lang K/H
10.	WED	K.G Section (pink Day Celebration) *English
11.	THU	
12.	FRI	66 th Birthday of Mother Monica Thaddey (Essay Competition For VII to IX) *kan/Hin
13.	SAT	NO BAG DAY (CCA/ Competition/ skill development Program)
14.	SUN	Holiday
15.	MON	Happy Sankranthi – Holiday (Army Day)
16.	TUE	
17.	WED	
18.	THU	
19.	FRI	
20.	SAT	Parent – Teacher Meeting
21.	SUN	Holiday
22.	MON	
23.	TUE	
24.	WED	Guess the Shapes - K G Sections
25.	THU	
26.	FRI	Republic Day (Award's Day)
27.	SAT	
28.	SUN	Holiday
29.	MON	
30.	TUE	
31.	WED	

FEBRUARY 2024		TOTAL NO. OF WORKING DAYS: 25
DATE	DAY	Activities
1.	THU	
2.	FRI	
3.	SAT	
4.	SUN	Holiday
5.	MON	
6.	TUE	
7.	WED	K. G Sections White & Black Day Celebration
8.	THU	
9.	FRI	
10.	SAT	Parent Awareness Program/K.G Sections One Day Trip
11.	SUN	Holiday
12.	MON	
13.	TUE	74 th Birthday of Guru Bhanteji Ven. Bhikkhu Kassapa (president, MBS)
14.	WED	
15.	THU	
16.	FRI	
17.	SAT	Valedictory Day for class X (Tentative)
18.	SUN	Holiday
19.	MON	
20.	TUE	
21.	WED	
22.	THU	
23.	FRI	
24.	SAT	
25.	SUN	Holiday
26.	MON	
27.	TUE	
28.	WED	Science Day (C.V Raman's Achievement in physics noble prize)
29.	THU	

MARCH 2024		TOTAL NO. OF WORKING DAYS: 25
DATE	DAY	Activities
1.	FRI	
2.	SAT	
3.	SUN	Holiday
4.	MON	
5.	TUE	Annual Examination Starts (I to 8) Science (<i>Best of Luck</i>)
6.	WED	
7.	THU	Mathematics
8.	FRI	Happy Mahashivaratri - Holiday
9.	SAT	Social Science
10.	SUN	Holiday
11.	MON	English
12.	TUE	
13.	WED	Kannada/Hindi
14.	THU	
15.	FRI	III Lang. K/H & Computer Science
16.	SAT	Drawing & Physical Education
17.	SUN	Holiday
18.	MON	
19.	TUE	
20.	WED	
21.	THU	
22.	FRI	
23.	SAT	
24.	SUN	Holiday
25.	MON	Full Moon Day – Dhammapada Festival: 102 nd Birth Anniversary of Most Respected Venerable Acharya Buddharakkhita.
26.	TUE	
27.	WED	
28.	THU	
29.	FRI	
30.	SAT	Result (LKG to VIII)
31.	SUN	Holiday

APRIL 2024		TOTAL NO. OF WORKING DAYS: 9
DATE	DAY	Activities
1.	MON	
2.	TUE	
3.	WED	
4.	THU	
5.	FRI	
6.	SAT	
7.	SUN	Holiday
8.	MON	
9.	TUE	Happy Ugadi - Holiday
10.	WED	
11.	THU	
12.	FRI	
13.	SAT	
14.	SUN	Holiday – World Knowledge Day (Dr.B.R.Ambedkar’s Birth Day)
15.	MON	
16.	TUE	
17.	WED	
18.	THU	
19.	FRI	
20.	SAT	
21.	SUN	Holiday
22.	MON	World Earth Day
23.	TUE	
24.	WED	
25.	THU	
26.	FRI	
27.	SAT	
28.	SUN	Holiday
29.	MON	
30.	TUE	

MAY 2024		Total No. of working days:
DATE	DAY	Activities
1.	FRI	May Day – HOLIDAY
2.	SAT	
3.	SUN	HOLIDAY
4.	MON	
5.	TUE	
6.	WED	
7.	THU	
8.	FRI	
9.	SAT	
10.	SUN	HOLIDAY
11.	MON	
12.	TUE	
13.	WED	
14.	THU	
15.	FRI	
16.	SAT	
17.	SUN	HOLIDAY
18.	MON	
19.	TUE	
20.	WED	
21.	THU	
22.	FRI	
23.	SAT	2568 th Buddha Jayanthi Celebration (Buddha Purnima)
24.	SUN	HOLIDAY
25.	MON	
26.	TUE	
27.	WED	
28.	THU	
29.	FRI	
30.	SAT	
31.	SUN	HOLIDAY

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Teaching Staff

SL. No.	Name of the Staff	Qualification	Designation
	Mr./Mrs./Ms.		
1.	Dwarakeesh P R	B.Sc. M.Ed.,	Incharge Principal
2.	Grace Shehalatha	M.A. B.Ed.,	Asst. Teacher
3.	Thejavathi H M	M.A. B.Ed.,	Asst. Teacher
4.	Gangadhara S E	M.A. B.Ed.,	Asst. Teacher
5.	Violet L	B.A. D.Ed.,	Asst. Teacher
6.	Padmini M	M. Sc., B. Ed.,	Asst. Teacher
7.	Sujaya B. S.	M. A. M. Ed.,	Asst. Teacher
8.	Yashaswini S	M. Sc., B. Ed.,	Asst. Teacher
9.	Spandana M	M. Sc., B. Ed.,	Asst. Teacher
10.	Lutan Tashi Atto	B.P.Ed.,	Asst. Teacher
11.	Akarsh Urs M P	BBM, Black belt	Asst. Teacher
12.	Priyanka	N T T	Asst. Teacher
13.	Vinutha N	B A NST	Asst. Teacher
14.	Aseena V S	M. A. B.Ed.,	Asst. Teacher
15.	Varsha N	M. Sc.,	Asst. Teacher
16.	Mallikarjunaswamy M N	B. E.	Asst. Teacher
17.	Kongara Yelia	M. A. B.Ed.,	Asst. Teacher
18.	Mahalakshmi N	M. Sc.,	Asst. Teacher
19.	Roopa Shree S V	B. Com	Asst. Teacher
20.	Priyanka N	M. Sc. B. Ed.,	Asst. Teacher
21.	N Santhosh	B.Sc., B. Dance	Asst. Teacher
22.	Sowmya P	IMKTA, Dipl. CS	Asst. Teacher
23.	Malini J	B.A., D.Ed.	Asst. Teacher
24.	Madhuri V Shilpi	M.F.A	Asst. Teacher
25.			

Non- Teaching Staff

SL. No.	Name of the Staff	Qualification	Designation
	Mr./Mrs./Ms.		
1.	Basavaraju	PUC., C. P.Ed	Office Administrator
2.	Raghavendra Prasad K	Dip. C. S	House Manager
3.	Malini M. J.	BBM	Receptionist
4.	Gowramma	II STD	Helper
5.	Chandra Kumar	SSLC	Driver
6.	Ramakrishna	VII STD	Driver
7.	Nanjamma	-	Helper
8.	Praveen Kumar S	PUC	Office Assistant
9.	Mangala S	V STD	Helper
10.	Rekha	SSLC	Helper
11.	Deepa	VII	Helper



The Best Tips for Studies

1. Trust in yourself.
2. Make friendship with studious boys and girls. They will help you both by words and examples.
3. Never waste a minute of time. Time is precious.
4. Do not pass on to something new until you have understood all that has gone before.
5. Follow up your studies day by day. Never be afraid of asking further explanation from the teachers.
6. When studying keep your mind only on your books.
7. Read useful books.
8. Have a good dictionary book to increase your Vocabulary.
9. While Reading, underline the important word / words. Note down the important points, figures, dates, etc. in a book.
10. Take active part in Games. Recreation serves to refresh your mind and gives you fresh energy for hard work.

“Ignorance is the mother of all the evil and all the misery we see”

Do's and Don'ts for Students

Do's

1. Be punctual
2. Come to school in school uniform.
3. Wear neat and clean clothes.
4. Polish your shoes daily.
5. Keep your nails trimmed and teeth clean.
6. Obey your Teachers, Parents and Elders. Always be friendly with others.
7. Do your home task daily.
8. Leave the School when the last bell goes or with permission.

Don'ts

9. Don't come late.
10. Don't be absent without intimation.
11. Don't go out of the school during breaks.
12. Don't leave the school without permission.
13. Don't lie or abuse anybody.
14. Don't make noise in the class / school premises
15. Don't spoil school properties

“ Let us all work hard, my breathern this is no time for sleep”

Tips for Good Health



1. Fresh air is good for health
2. Keep the doors and windows of your homes open to let in the fresh air.
3. While sleeping, do not cover your faces
4. Play in the open ground to get fresh air.
5. Green plants purify air. Grow green plants around your homes.

“Habit is second nature”

“Birds of the same feather flock together”

POSTURE

We should always sit, stand or move in the correct way

While Sitting

1. Always sit with your back straight.
2. Keep your back against the back of the chair.
3. Do not bend your shoulder.
4. Keep your feet flat on the floors.

While Standing

1. Always stand upright, keep your chest out and back straight.
2. Do not bend forward while standing.
3. Keep your feet flat on the ground.

While Walking

1. Walk straight.
2. Keep your shoulders back with head held high.
3. Swing your arms freely.

“A sound mind in a sound body”

SAFETY RULES

Remember safety rules all the time and follow them

When walking

Walk on a footpath only.

Where there is no foot path, walk on the right side of the road



When crossing the road

Use the pedestrian crossing only. Watch the traffic light before crossing. Cross when the light is green. Look to your left and right

When Swimming

Do not go alone for Swimming.
Use a tube, if you do not know swimming very well. Do not go into the deep end of the pool. Do not swim when you are sick.



In the bus

Wait for the bus in a queue.

Enter the bus when it has stopped.

Never try to get in or out of a moving bus.

Do not lean out of the bus.

Do not travel on the foot board of the bus.



**“Make Hay while the Sun Shine”
“A thing of beauty is a joy for ever”**

